



INTERFAITH FOOD BANK SOCIETY OF LETHBRIDGE

InterFaith Food Bank

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The Interfaith Food Bank caters to those in a variety of situations, ranging from single-parenthood, to seniors on fixed incomes, to the under or unemployed, or to those with other social or economic barriers. They act as a bridge between a community of donors and those who are in need through the distribution of monthly food hampers, daily food supplements, and clothing vouchers; referrals to other community and/or government agencies; and facilitating cooking classes that teach healthy eating on limited budgets.